

15 | 60 | 24 | 7: Your Combination to G.O.O.D.



If you had to leave your home today – right now – what would you take? What if you had fifteen minutes? An hour? A single day or a week? What if you were never coming home? What if your life depended on what you brought with you?

This is where the rubber meets the road. All that limits the items you take is the conveyance method (vehicle / vehicles) available. Planning ahead means you might secure a rental truck if you choose to reserve it for the entire week leading up to your decision point while others deliberate about what to do. **Special note: Even with seven days, you still sort your items by importance. That means what is most important goes in the 15 minute pile, what is next important goes into the 60 minute pile, you get the drift. If your timetable changes you could immediately snatch the most critical items, starting with your bugout bag and security kit which are always most visible.** Same rules as above apply for the 60 minute and 24 hour exercises. If you start with your previously completed bugout bag you save 15 minutes immediately, giving you more time to decide what else to take. With 7 days however, you can really toss the place and figure out how to get everything out that you need as long as you don't get overwhelmed.

If I had 7 days...

One Week Timeline

Checklist	Action
1	Stage your gear (bugout bag / 72 hour kit / security kit) where it was immediately in sight. If you don't have a bugout bag, use the time to create one that you can safely carry.
	Consider calling in sick this week so that you don't get caught away from

2	home. Of course this is job dependent, but if you absolutely know there's a high chance of bad times coming, it's minor in the scheme of things.
3	Designate part of the house to stage items into three essential 15 / 60 / 24 piles. The garage comes to mind because it's easy to roll up the door and roll out your gear smartly. The piles will help you prioritize what you need the most, cross-referenced with how it's going to be carried.
4	Stash/cache water around the property in extra water safe containers. Water is heavy and if you get turned back and must return home for some reason, counting on water to still be turned on in an emergency is a serious flaw to a good plan.
5	Inventory your nice to have and sentimental items. Think about how to stash them if you're not taking them with you.
6	Stash/cache valuables / small precious items around your property that you don't want possibly looted. Consider burying them deep enough to survive flooding or a fire, to be retrieved later, or just in hard to find areas.
7	Shower twice a day while the water and home resources are available.
8	Divide up and repack critical items so that if one suitcase or bag was lost, all of one type of item was not lost.
9	Go through paperwork carefully and, if possible, scan/store critical items like passports, vehicle titles, land deeds, trust and insurance information.

After Action Considerations for '7 Days':

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Bugging out should be considered strategic, not permanent. Creating a layup point (LUP) in advance near where you live can mitigate your risk of traveling long distance in one leap. Also consider having items staged outside of a specific area you live in, perhaps at a friend's home, a storage unit. It can be as simple as a well wrapped package stuck into a hole in the ground.

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